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**Horse back riding**

Something I know well and learned how to do as a child was riding horses, my whole moms side of the family grew up working with horses. I started out at a young age. My first horse I got was when I was four years old on Christmas day. I didn’t know one thing about horses. My grandpa showed me the first step of having to walk a horse you had to grab the lead rope with two hands the right hand had to be above the left one he also made sure to tell me to make sure you watch out for the back of my feet because if you get stepped on that isn’t very fun, After learning the basics of a horse by my grandpa I just followed the rest of the footsteps of my cousin. She was always more interesting than my grandpa. She is five years older than me. For many years I would just follow the same thing my cousin Morgan did on how to ride, clean and feed the horses. I always wanted to be just like her. Until this day I’m still happy I followed her steps. Everything she said or did I would copy. My aunt is the first person who ever threw me up on a horse. I knew right at that moment this was defiantly in my blood. She would give me lessons on how to ride a horse, like where to put my feet, where to hold the reins, also how to make the horse move. After a couple falls and lesson I finally got parts of learning how to ride a horse down. I knew I was going to love horseback riding but I also knew it would take some time. Just because my whole family did it I knew I was going to be a lover. The first step of getting on a horse is to make sure you are on the right side. Then you swing you leg over, but don’t ever forget to grab the reins. Also you got to remember I learned the hard way is if you fall off you have to get right back on. If you don’t you will have a fear and lose everything you learned. There are so many different speeds of a horse everyone that doesn’t know the real facts about horses all they know is gallop, the speeds are walk, trot, canter, and gallop. There are a lot of other names for all different styles of riding. After learning how to ride also I learned many other rules about a farm, how to clean stalls how to groom a horse how to feed them. It looks all easy and fun until you’re actually in the business and doing the dirty work. Now I have been riding horses for thirteen years during the summer now I get asked to teach other kids how to ride horses. Something I love during the summer is that I get asked to help children with disabilities. That is the highlight of my summer every year. I also compete all around in spring field mass, north hampton, and okc.